# PROMPT GUIDES





5 days



# 5-day Lisbon City Guide

A preplanned step-by-step time line and city guide for Lisbon. Follow it and get the best of the city.

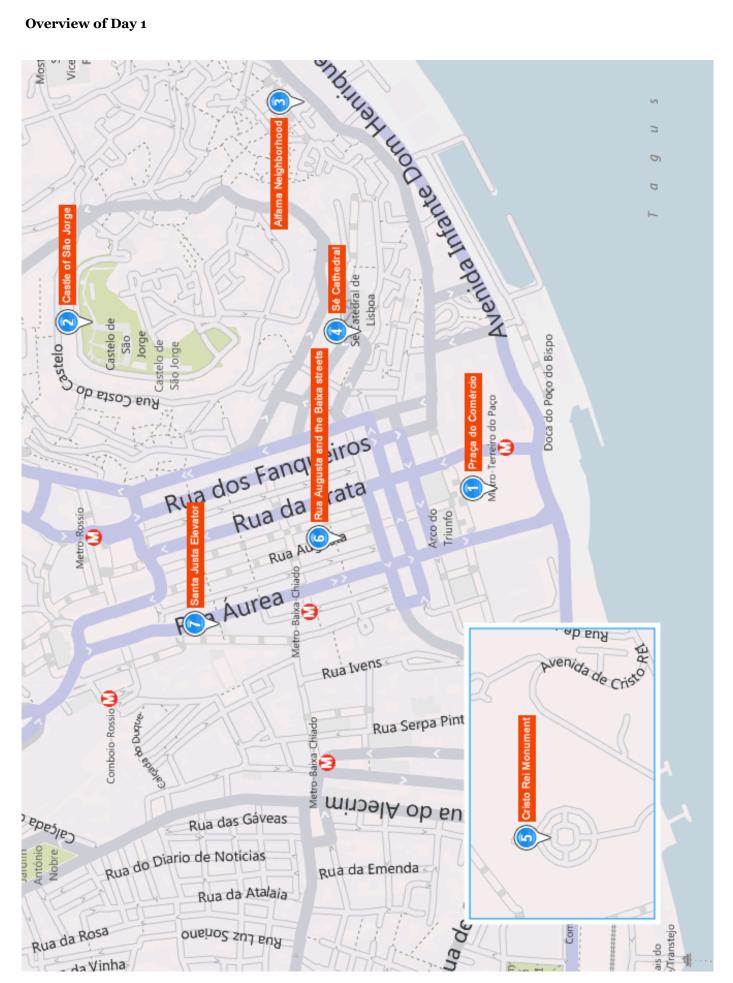


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	LEAVE HOTEL Tested and recommended hotels in Lisbon >		
	Take Metro Line Blue or Green to Baixa-Chiado station		
09:00-09:15	Praça do Comércio -	Neo-classical square	Page 5
	Take Tram nr 28 from Rua da Conceiçao stop to Largo Das Portas Do Sol stop (Direction: Martim Morez) Take a walk to the Castle of Sao Jorge - 45' in all		
10:00-11:20	Castle of São Jorge -	Breathtaking views over	Page 5
	Take a walk to Alfama neighbourhood - 10'	the city	
11:30-12:30	Alfama neighbourhood -	Picturesque views	Page 6
	Take a walk to Sé Cathedral		
12:30-13:00	Sé Cathedral -	Lisbon's oldest church	Page 6
	Lunch time Take the Ferry from Cais do Sodre station across the river to Cacilhas From Cacilhas take Bus nr 101 to Cristo Rei monument		
15:30-16:10	Monumento a Cristo Rei -	Breathtaking view over	Page 6
	Take Bus nr 101 to Cacilhas Take the Ferry from Cacilhas across the river to Cais do Sodre station Take a walk to Rua Augusta - 60' in all	the city	
17:10-18:10	Rua Augusta and the Baixa streets -	Lisbon's lively pedestrian street	Page 7
	Take a walk to Santa Justa Elevator	16.	
18:10-18:25	Santa Justa Elevator -	Excellent view over the city	Page 7
	END OF DAY 1	1 7	



# 09:00-09:15

# Praça do Comércio (Praça de Comércio, 1100 Lisbon)



### THINGS YOU NEED TO KNOW

- Commerce Square is Lisbon's main plaza on the bank of river Tejo with a broad riverfront
- Elegant arcades surround the square on three sides. They were built after the Great earthquake of 1755. More than 100.000 people died in the catastrophy
- The bronze statue in the middle pays homage to King José (1750-77) for rebuilding the city
- King José was an ineffectual king. Marqu s de Pombal held the true power and was the real man behind the reconstruction
- Arco do Triunfo (Triumph Arch) marks the entrance to the buzzing Rua de Augusta, a pedestrian street in the Baixa neighborhood
- Pombal erected the original arch after the Great earthquake. After his dismissal the arch was torn down. A new arch was put in place 100 years later in 1873

 The figures on top of the arch represent Glory, Genius, and Valor

### THINGS TO DO THERE

- Walk around the square and take a look at the statue of Dom Jose I and to the Triumph Arch
- Enjoy the view over the river Tagus (Rio Tejo)

### **TIPS & INSIGHTS**

- Pick up information and tourist discount cards from the Lisbon Welcome Center
- Several sightseeing tour buses, trams, and buses also stop here

# MORE Info and Photos >

# 10:00-11:20

# Castle of São Jorge (Rua de Santa Cruz do Castelo, 1100-129 Lisbon)



Opening hours: Mar - Oct: 9am - 9pm, Nov - Feb: 9am - 6pm • Admission: 7 €

# THINGS YOU NEED TO KNOW

- St. George's Castle is an imaginatively reconstructed fortress on top of the Alfama hill. Little of the original structure remained
- The original castle dates back to Moorish times (10th century) when it served as a royal residence
- King Afonso Henriques, Portugal's first king, seized the fort from the Moors in 1147 with the help of northern European crusaders traveling to the Holy land
- After the Anglo-Portuguese Treaty of 1373 was singed the castle was dedicated to England's patron saint, St. George
- It served as the Portuguese Royal palace unitl 1511 when the royal court moved to a new palace on Comércio Square (destroyed in the great earthquake of 1755)

- St. George's castle was neglected and fell in despair. It was reconstructed in 1938
- The castle provides one of the best views on Lisbon

# THINGS TO DO THERE

- Enter the castle through the Arch of St. George
- Walk around the outer terrace for the most breathtaking views of the city
- Continue to the inner castle courtyards and climb the walls to get an amazing 360 degree view

# **TIPS & INSIGHTS**

Discount with Lisboa Card

# 11:30-12:30

# Alfama neighbourhood



### THINGS YOU NEED TO KNOW

- Alfama is Lisbon's oldest and most emblematic quarter. The neighborhood's Arabic-sounding name suggest that its history dates back to Moorish times
- The quarter retained its medieval street plan and atmosphere. Its hard bedrock foundation saved Alfama from much damage in the earthquake of 1755
- The area is characterized by narrow cobbled streets, tiny squares, churches, and pastel houses with drying laundry, birdcages and colorful flower on their balconies
- The name of Alfama comes from the Arabic word 'al-hama' meaning spring or bath, a reference to hot springs in the area

- The neighborhood is becoming a more and more important Fado quarter with many Fado houses. Fado is a traditional Portuguese music genre
- Alfama offers breathtaking views of the city and romantic picture-ready scenes

### THINGS TO DO THERE

- Wander around on the beautiful narrow streets
- Explore a couple of viewpoints to admire the postcard-perfect views

# TIPS & INSIGHTS

Be prepared for hilly streets

# MORE Info and Photos >

# 12:30-13:00

# **Sé Cathedral** (Largo da Sé, 1100 Lisbon)



Opening hours: Daily: 9m - 7pm • Admission: Free

# THINGS YOU NEED TO KNOW

- Sé Chatedral is Lisbon's oldest church dating back to 1147
- It was built by Dom Afonso Henriques,
   Portugal's first king, after he reconquered
   the city from the Moors who ruled the city for
   4 centuries
- The city's main mosque was torn down and this Romanesque cathedral was erected on its site
- The Romanesque main façade with two castellated towers and a beautiful rosette window above the main portal is one of the highlights of the church
- Today the church exhibits a number of architectural styles as a result of reconstructions and extentions (Gothic side chapels, tombs and iron portals)

The remains of Lisbon's official patron saint, St Vincent, are kept here. Look for the casket in the sacristy along with other treasures and sacred objects

# THINGS TO DO THERE

- Admire the Romanesque main façade and the towers of the church
- Enter the cathedral
- Walk around and enjoy the interior that is a mix of different architectural styles

# TIPS & INSIGHTS

# MORE Info and Photos >

# 15:30-16:10

# Monumento a Cristo Rei (Alto do Pragal, 2800-058 Almada)



Opening hours: Summer, weekdays: 9:30pm - 6:30pm, Summer, weekends: 9:30pm - 7pm, Winter: 9:30pm - 6:15pm • Admission: 4 €

# THINGS YOU NEED TO KNOW

- Christ the King monument was erected in 1959 to thank god that Portugal had escaped involment in WWII
- The Chirst figure was inspired by Rio de Janeiro's famous Christ the Redeemer statue. Both hold the the same open arm position
- The monument is located on the south bank of the Tejo river, facing the city on the other bank, to symbolize Christ opening his arms to Lisbon
- The monument is 110 m high. The 28m (92 ft) tall Christ figure stands on an 82m (270 ft) pedestal

 An elevator takes visitors up to the top of the monument for a sweeping view of the city, the river and April 25 Bridge

# THINGS TO DO THERE

- Buy a ticket and take the elevator to the top of the statue
- Admire the stunning view over Lisbon

# **TIPS & INSIGHTS**

It can be very windy at the top

# 17:10-18:10

# Rua Augusta and the Baixa streets (Rua Augusta, 1100 Lisbon)



### THINGS YOU NEED TO KNOW

- Baixa is a neoclassical neighborhood in Lisbon with grid-like streets. It was developed after the 1755 eathquake devastated the area
- Before 1755 opulent palaces stood here.
   Now simple and uniform buildings, built for tradesmen and merchants, occupy the area
- The neighborhood starts at Praça do Comércio (Commerce Square). The square was once the city's trade center with finance ministries and port authorities
- The Baixa's streets retain their original names. The names match the trades of the people that once worked here: ouro (gold), prata (silver), sapateiros (cobblers)
- The area's main street is called Rua Augusta that connects Praça do Comércio and Praça de Pedro IV (a.k.a. Rossio)

 This is a buzzing pedestrian street with street sellers, artists, restaurants, outdoor cafés and shops

# THINGS TO DO THERE

- Explore the streets from Commerce Sqaure to Rossio Square and watch life go by
- Follow Rua Augusta all the way to Praça de Pedro V (Rossio), or zigzag through the side streets
- Do some shopping

# **TIPS & INSIGHTS**

 You will find great restaurants all along the street

# MORE Info and Photos >

# 18:10-18:25

# Santa Justa Elevator (Rua de Santa Justa, Lisbon)



Opening hours: Daily: 7am - 9pm • Admission: 1,45 €

# THINGS YOU NEED TO KNOW

- Santa Justa Elevator is a 45m high, neo-gothic iron tower with a functioning elevator. It is one of the most beloved landmarks of Lisbon
- The tower was built between 1898 and 1901 to the plans of Porto-born architect Raul Mesnier de Ponsard, an apprentice of Gustave Eiffel
- The purpose of the tower was to transport people between the lower laying streets of Baixa and the higher Carmo Square - the city's highest and lowest points
- The elevator was originally powered by a steam engine

 At the top there is a café with an excellent view on Baixa neighborhood, Rossio Square, and St. George's Castle

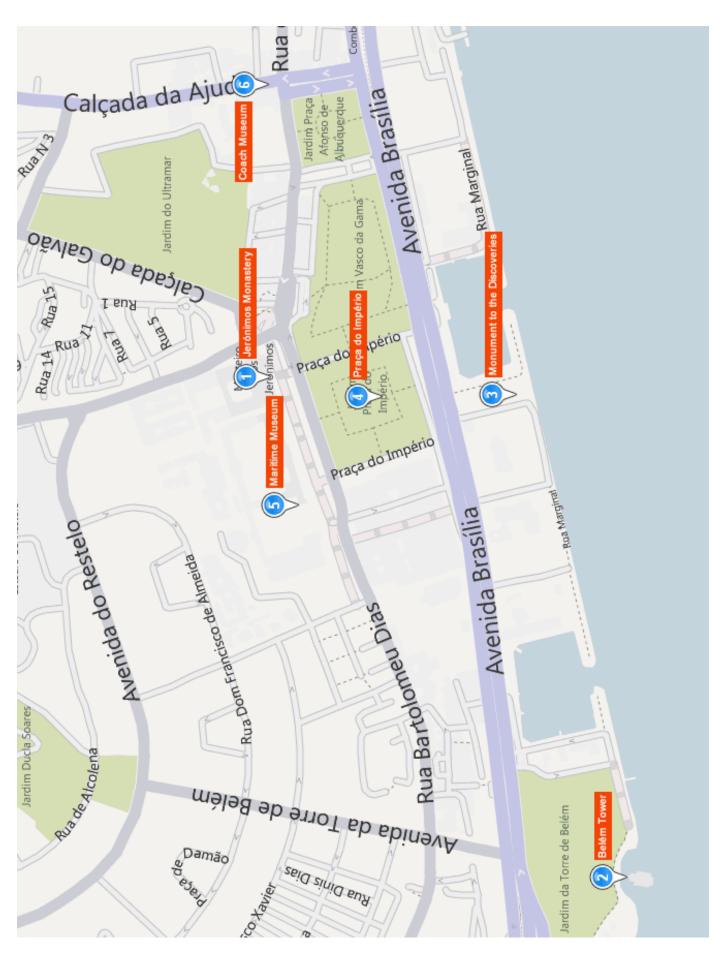
### THINGS TO DO THERE

- Take the elevator to the top
- Enjoy the splendid views of the city: Rossio Square, the castle and the river

# **TIPS & INSIGHTS**

Free admission with Lisboa Card

	LEAVE HOTEL Tested and recommended hotels in Lisbon >		
1	Take Tram nr 15 from Cais de Sodre stop to Mosteiro Jerónimos stop (Direction: Alges (Jardim))		
10:00-11:00	Jerónimos Monastery -	UNESCO World Heritage Site	Page 10
	Take a walk to Belém Tower - 20'		
11:20-12:20	Belém Tower -	lconic Lisbon attraction	Page 10
	Take a walk to the Monument to the Discoveries - 20'		
12:40-13:00	Monument to the Discoveries -	Iconic Lisbon monument	Page 11
	Take a walk to Praça do Império - 10'	monument	
13:10-13:40	Praça do Império -	Largest square of the Iberian Peninsula	Page 11
	Lunch time Take a walk to the Maritime Museum	'	
15:00-16:00	Maritime Museum -	One of Portugal's most visited museums	Page 12
	Take a walk to the Coach Museum - 20'	1.0.00	
16:20-17:20	Coach Museum -	Magnificent selection of coaches	Page 12
	END OF DAY 2	•	



# 10:00-11:00

# Jerónimos Monastery (Praça do Império, 1400-206 Lisbon)

Opening hours: May - Sept, Tue - Sun: 10am - 6:30pm, Oct - Apr, Tue - Sun: 10am - 5:30pm, Monday: Closed, January 1, Easter Sunday, May 1 and Dec. 25: • Admission: 7 €

### THINGS YOU NEED TO KNOW



- Jeronimos Monastery is Lisbon's most celebrated monument, a UNESCO World Heritage site since 1983, and Vasco de Gama's resting place
- King Manuel I commissioned the building in 1502 to commemorate Vasco de Gama's successful return from India and to thank Virgin Mary for the success
- The monastery symbolizes Portugal's power and wealth during the Age of Discovery. It is one of the most important examples of Manueline (Portuguese late-Gothic) architecture
- The visual centerpiece of the exterior is the richly decorated south portal with elaborate carvings
- Inside, along with Gama, important figures of Portuguese history are entombed such as kings and queens or writers Fernando Pessoa (1888-1935) and Luis de Camões (1524-80)
- The nave's 6 columns are beautifully decorated with characteristic Manueline carvings of ropes and exotic flora
- The cloisters showcase Manueline carvings at their best. Each column is differently carved with coils of rope, sea monsters, coral, and other sea motifs evocating the heroic Age of Discovery

### THINGS TO DO THERE

- Admire the beautiful Manuline architecture of the monastery from the outside
- Start your tour by walking around in the church to see the tombs and the elaborate decoration
- Head upstairs to the choir to take in the church from above and admire the carved choir stalls
- Walk on to see the real highlights: the cloisters (with Manueline carvings) and the refectory

# **TIPS & INSIGHTS**

- It is less crowded late afternoon or off-season
- Free admission with Lisboa Card
- Free admission on Sundays and holidays until 2pm
- Do not miss the best pastries in town: the café Antiga Confeitaria de Belém (near the monastery) serves delicious custard tarts since 1841

# MORE Info and Photos >

# 11:20-12:20

# Belém Tower (Av. de Brasília, Belém Lisbon)

Opening hours: May - Sept, Tue - Sun: 10am - 6:30pm, Oct - Apr, Tue - Sun: 10am - 5:30pm, Monday: Closed, January 1, Easter Sunday, May 1 and Dec. 25: Closed • Admission: 5 €

# THINGS YOU NEED TO KNOW



- Belém Tower is a fortress built in 1515 by King Manuel I to protect the city and its harbor. The tower is a UNESCO World Heritage Site since 1983
- It is a superb example of Manueline architecture. Elaborate carvings of motifs typical of the style decorate the building: ropes, exotic flowers, animal heads, and crosses
- In 1580, under Spanish control, the fortress was turned into a prison and continued to function as a prison after the Spanish left in 1640. Later it became a custom house
- The nearby red suspension bridge is called April 25th Bridge and connects Lisbon with Almada. It was inaugurated in 1966
- The bridge takes its name after the date of April 25 1974 when Portugues people came out to the street and ended Dictator Salazar's rule in a bloodless revolution

### THINGS TO DO THERE

- Admire the white castellated tower from outside
- Enter the building and discover its interior
- Climb the narrow steps to the top of the tower for impressive views over the river
   Tejo, the bridge April 25, and the Cristo Rei statue

### **TIPS & INSIGHTS**

- Free admission with Lisboa Card
- Free admission on Sundays and holidays until 2pm
- It is a very popular site so be prepared for a ground
- Be cautious when climbing to the top as the steps are very narrow

# 12:40-13:00

# Monument to the Discoveries (Av. de Brasília, 1400-038 Lisbon)

Opening hours: May - Sept daily: 10am - 7pm, Oct - Apr, Tue - Sun: 10am - 5:30pm • Admission: 2.5 €

# THINGS YOU NEED TO KNOW



- The Discovery Monument pays homage to those who took part in the the Golden Age of Discovery. It was first erected in 1940 for the Lisbon World Exhibition
- In 1960, the 500th anniversary of the death of Prince Henry the Navigator, the original monument was pulled down and a new one was erected in concrete
- The momument takes the shape of a caravela with its sails billowing in the wind.
   Caravela is the type of ship Portuguese explorers used in the period
- In the front of the ship stands Henry the Navigator who played a leading role in the development of Portuguese explorations
- Henry is followed by important historic figures such as King Manuel I (holidng an armillary sphere), poet Camões (with a paper scroll), Vasco da Gama, Magellan, Cabral, and other famed explorers, cartographers, monks and crusaders

- The only woman in the group depicts queen Felipa of Lancaster, Prince Henry's mother, the mastermind behind the discoveries
- The square in front is decorated with a mosaic (a gift of South Africa) representing a compass. The map in the center shows the routes Portuguese explorers followed

# THINGS TO DO THERE

- Admire the impressive monument
- Enjoy the view of the river Tejo and bridge April 25 in the background

# **TIPS & INSIGHTS**

- Inside there is an exhibition space with temporary exhibits
- An elevator takes visitors to the top for some bird's-eye views of Belem and its monuments
- Discount with Lisboa Card

# MORE Info and Photos >

# 13:10-13:40

# Praça do Império (Praça do Império, 1400 Lisbon)



### THINGS YOU NEED TO KNOW

- Praça do Império (Empire Square) is a large city square in Lisbon
- It was built for the 1940 Portuguese World Exhibition
- With its size of 280m by 280m, it is the largest square of the Iberian Peninsula and one of the largest in Europe
- On the north side the magneficient 15th century Jerónimos Monastery boarders the area
- A beautiful city garden occupies the center of the square. The garden is 3.300 m2 (35520 ft2) large and has a sizable fountain in the middle

 The sqare commemorates the power and greatness of the old Portuguese Empire

### THINGS TO DO THERE

 Relax in the beautiful garden enjoying the view of the majestic Jerónimos Monastery

# **TIPS & INSIGHTS**

- To cross the road to reach the sea front go through the tunnel
- Do not miss the best pastries in town: the café Antiga Confeitaria de Belém (near the monastery) serves delicious custard tarts since 1841

# 15:00-16:00

# Maritime Museum (Praça do Império, 1400-206 Lisbon)

Opening hours: May - Sept: 10am - 6pm, Oct - Apr: 10am - 5pm • Admission: 4 €

### THINGS YOU NEED TO KNOW

- The Lisbon Maritime Museum is dedicated to telling the story of Portugal's leading role in the age of discovery and the world's maritime history
- The museum is located next to the beautiful Jeronimos Monastery, a World Heritage site
- Some 17,000 items are on display including model ships, full scale ship replicas, maritime instruments and tools, maps and other relating items from the 15th cenury onward
- One of the highlights is the Pavilh o das Galeotas, a large pavilion with full-size replicas of royal boats, fishing vessels and other crafts

# THINGS TO DO THERE

- Go to the far end of the former monastery to enter the museum
- Discover the rich collection to learn about Portugal's momentous relationship with the sea
- Highlights include objects from the Far East, a large pavilion with life-size models of royal boats, fishing and other craft

# TIPS & INSIGHTS

# MORE Info and Photos >

# 16:20-17:20

# Coach Museum (Praça Afonso de Albuquerque, 1300-044 Lisbon)

Opening hours: Tuesday - Sunday: 10am - 6pm, Monday: Closed, January 1, Easter Sunday, May 1 and Dec. 25: Closed • Admission: 5 €

### THINGS YOU NEED TO KNOW

- The Lisbon Coach Museum is dedicated to carriages with the largest collection of its kind in the world
- The ostentatiously decorated coaches on display present the staggering wealth and extravagance of Portugal's late elite
- The musuem is installed in the ornate 18th century royal horse riding arena, part of the Belem Palace, the residence of the president of Portugal
- Queen Amélia opened the museum in 1905 to showcase the royal family's vast collection of coaches
- The museum exhibits show the development of carriages between the 16th and 19th century, and how coach builders tried to outshine each other through elaborate decoration of their masterpieces

 The coaches come from all over Europe: Italy, Portugal, France, Spain, Austria and England

### THINGS TO DO THERE

 Walk around and admire the magnificent collection of coaches made for royalty

# **TIPS & INSIGHTS**

Free admission with Lisboa Card















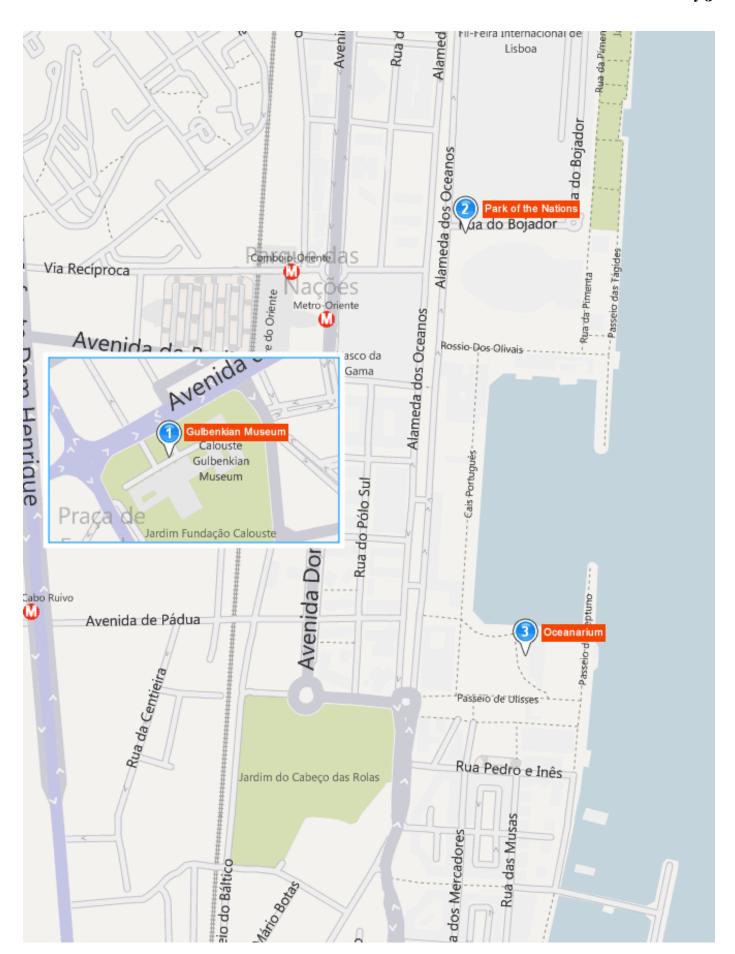
# Spice up your holiday

Turn your regular holiday into something

extraordinary

See all fun activites in Lisbon. Click here >

	LEAVE HOTEL Tested and recommended hotels in Lisbon >		
	Take Metro Line Blue to S.Sebastiao station		
10:00-12:00	Gulbenkian Museum -	Outstanding collection from the East and the	Page 16
	Take Metro Line Blue from S.Sebastiao station to Baixa-Chiado station Change to Metro Line Green to Alameda station Change to Metro Line Red to Oriente station Lunch time	West	
14:30-16:00	Park of the Nations -	Striking contemporary architecture	Page 16
	Take a walk to the Oceanarium		
16:00-17:40	Oceanarium -	Said to be the most impressive aquarium in	Page 17
	END OF DAY 3	the world	



# 10:00-12:00

# Gulbenkian Museum (Av. de Berna 45A, 1067-001 Lisbon)

Opening hours: Tuesday - Sunday: 10am - 5:45pm, Monday: Closed, January 1, Easter Sunday, May 1 and Dec. 25: Closed • Admission: 4 €

### THINGS YOU NEED TO KNOW



- Gulbenkian Museum is one of the finest art museums in the world
- Calouste Gulbenkian was an armanian oil magnate, one of the wealthiest man of the 20th century, and art collector. He amassed the museum's masterpieces
- He was born (1869) in what is now Istanbul.
   In his later years he settled down in
   Portugal. Prior to his death (1955)
   Gulbenkian donated this collection to the country
- The museum appeals to wide tastes. Its collection includes items from Egyptian, Greek, Roman, Islamic, Asian, and European art
- The European section features Rembrandts, Rubens, Monets, Van Dycks, Renoirs, Rousseaus, Manets, and Degas
- Being Gulbenkian's special interest, the Easter Islamic collection with hand-painted ceramics, glazed tiles, prayer niches and mosque lamps is particularly outstanding

# THINGS TO DO THERE

- Discover the treasures of the museum from collection to collection
- Pay particular attention to the Eastern Islamic art collection which is particularly outstanding
- Head to the gardens which are a lush mix of greenery, water features, and some superb sculptures

### TIPS & INSIGHTS

- The admission to the museum is free every Sunday
- Discount with Lisboa Card

# MORE Info and Photos >

# 14:30-16:00

# Park of the Nations (Rossio dos Olivais, 1990 Lisboa)



# THINGS YOU NEED TO KNOW

- Park of Nations is Lisbon's ultra modern district built for the 1998 World Exhibiton. It is located on the waterfront at the eastern end of the city
- The 1998 Exhibition was the 100th after the 1851 London Exhibition, the last one in the 20th century, and coincided with the 500th anniversary of Vasco da Gama's arrival in India
- Most of the park's architecture follows the Ocean theme of the exhibition. The area has a clean, open, and relaxed atmosphere
- Oriente Station, one of Lisbon's most stunning architecture, is a railway station, metro and bus terminal. Its glass and steel roof looks like a row of palm trees
- Vasco de Gama Tower is Lisbon's tallest building (145m/575ft) with a shape of a nautical sail. The tower is undergoing work to build a Dubai-like luxury hotel into it
- Vasco de Gama Bridge is Europe's longest bridge spanning more 17,2 km (10,75 mi)
- Centro Vasco de Gama is a shopping center providing everything a modern mall must offer
- S o Gabriel and S o Rafael office and apartment buildings were named after Vasco de Gama's ships. They are designed to look like two giant sailboats

# THINGS TO DO THERE

- Arriving to Oriente Station admire the stunning modern architecture of the station
- Start your tour riding the cable car (buy a single ticket, near Oceanarium building) that runs the full length of the site, parallel to the river, while giving commanding views along the way
- Admire the magnificence of the Vasco da Gama Tower and Bridge
- Take a walk along the waterfront with pleasant gardens and lawns to sit
- From the water front admire the two striking twin towers designed to look like giant sailboats

# **TIPS & INSIGHTS**

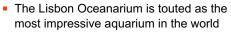
- To tour the area you can jump on a toy train that passes by the main attractions every twenty minutes
- Finish your day in Vasco da Gama Shopping Center
- The park is a must for families with kids

16:00-17:40

Oceanarium (Esplanada D. Carlos I - Doca dos Olivais, 1990-005 Lisbon)

Opening hours: Summer: 10am - 8pm, Winter: 10am - 7pm • Admission: 12 €

# THINGS YOU NEED TO KNOW



- It displays more than 25.000 fish, seabirds and mammals. Interactive high-tech displays tell the story of the development of life in the oceans
- A huge central tank represents the global ocean. Four adjacent one in the corners recreate the Antartic, North Atlantic, Temperate Pacific and Tropical Indian ecosystems
- The aquarium is designed in a way to convey the message that there is only one global ocean and all waters are connected
- In reality invisible acrylic walls separate the tanks. From outside it looks like as if all creatures are swimming in the same space
- Each habitat copies the very conditions (temperature, lighting, flora and fauna) of the original it recreates

 Visitors can view the underwater world on multiple levels: first from above sea level then from below

# THINGS TO DO THERE

- Follow the well-marked route and enjoy the fascinating trip through the three oceans
- Take a look at or even sit down in front of the huge and amazing central aquarium from every side to see the sealife

# **TIPS & INSIGHTS**

- Discount with Lisboa Card
- The oceanarium is a must for families with kids
- Please note that it is prohibited to take photos with flash as it disturbes the animals
- The exhibition is informative, educational and entertaining both for children and adults



	LEAVE HOTEL Tested and recommended hotels in Lisbon >		
	Take the Train from Rossio train station to Sintra - 40' Change to Bus nr 434 to Pena National Palace		
10:00-12:00	Pena National Palace - Sintra -	One of Europe's most stunning palaces	Page 20
	Take a walk to Moors' Castle - 15'	<b>3</b> F 3 3 3 3	
12:15-13:45	Castle of the Moors - Sintra -	Spectacular views	Page 20
	Lunch time Take a walk to Quinta da Regaleira		
16:00-17:30	Quinta da Regaleira - Sintra -	World Heritage Site	Page 21
	END OF DAY 4		



# 10:00-12:00

# Pena National Palace - Sintra (São Pedro de Penaferrim, 2710 Sintra)

Opening hours: Apr 1 - Sept 15: 9:45am - 7pm, Oct 16 - Mar 31: 10am - 6pm, January 1 and Dec. 25: Closed • Admission: 12 €

### THINGS YOU NEED TO KNOW

- Sintra is a fairytale town 35 km (22 mi) from Lisbon to the west. The town is home to Pena National Palace, a UNESCO World Heritage site
- The name Sintra comes from 'Cynthia', the Roman goddess of the moon. In Roman time it was a place of moon worshiping. The Moors also liked it and built a hilltop castle
- Later the town became the royal family's favorite summer retreat. Many aristorcrats moved here and built lavish palaces and mansions in the town
- On top of the hill above Sintra stands Pena National Palace, a fairytail-like Romanticist palace. King Ferdinand built it in the 19th century as a summer residence
- The palace features everything a fairytale castle needs: drawbridge, turrets, ramparts, battlements, domes, gargoyles; all washed in an array of pastel colors

### THINGS TO DO THERE

- After arriving to Sintra go to the Scotturb Terminal (opposite the train station) and pick up the timetables
- Take the bus 434 to Palacio de Pena bus stop (if you have to wait for the bus, use the time to walk around in the old town)
- From the bus station take a walk (15 min uphill) or take the minitram (2 EUR) to the Palace

- Admire the Palace from outside and inside
- Explore the extravagant interior: rich ornaments, paintings, and priceless porcelain
- Other highlights include the spacious ballroom, the marvelous "Arab Room", and an impressive 16th-century chapel altarpiece
- Enjoy the amazing view from the rooftops and the towers

# **TIPS & INSIGHTS**

- If you already have a Lisboa card you can use it to get to Sintra for free. Once in Sintra the cheapest way of getting around is buying a bus pass that offers unlimited travel on Scotturb buses in Sintra and in Cascais. The pass (called Bilhete do Circuito da Pena) costs 4.8 EUR
- If you don't have a Lisboa card buy a combined day pass in Lisbon. It will give you access to trains (from/to Lisbon) and buses (unlimited travel on Scotturb buses in Sintra and in Cascais). The day pass costs 12 EUR
- It is not allowed to take photos inside the palace

# MORE Info and Photos >

# 12:15-13:45

# Castle of the Moors - Sintra (Serra de Sintra, Capuchos, 2710-609 Sintra)

Opening hours: Apr 1 - Sept 15: 9:30am - 8pm, Oct 16 - Mar 31: 10am - 6pm, January 1 and Dec. 25: Closed • Admission: 6 €

### THINGS YOU NEED TO KNOW

- Moors' Castle is a fortress built by the Moors between the 9th and 10th century on a high hill overlooking Sintra. It offers sweeping views of the surrounding area
- It is part of the Sintra UNESCO World Heritage Site
- Afonso Henriques, Portugal's first king, conquered the castle in 1147, a major victory in the reconquest of Portugal from the Moors
- The fortress lost its military importance in the 16th century. It was abandoned and fell in serious decay
- King Ferdinand II renovated the castle in the 19th century as part of a romantic renovation initiative. The Romanesque Saint Peter Church was intentionally left in ruins

 Inside the caslte the Moors built a large underground water container that played a vital role when the castle was under siege

# THINGS TO DO THERE

- Walk around and explore the area: the small church, the cistern and the ruins
- Head to the edge of the hill and walk along on the pathway inside the wall for views of the surrounding area and marvel at the construction itself

# TIPS & INSIGHTS

Discount with Lisboa Card



# 16:00-17:30

# Quinta da Regaleira - Sintra (Rua Barbosa du Bocage, 2710 - 567 Sintra)

Opening hours: Apr - Sept: 10am - 8pm, Feb, Mar, Oct: 10am - 6:30pm, Nov - Jan: 10am - 5:30pm, January 1 and Dec. 25 10am 5:30pm: Closed • Admission: 6 €

# THINGS YOU NEED TO KNOW



- An eccentric millionaire, António Augusto Carvalho Monteiro, commissioned Quinta da Regaleira, a luxurious estate close to Sintra's center, at the turn of the 19th century
- It is part of the 'Cultural Landscape of Sintra' UNESCO World Heritage Site. The estate includes a romantic palace and chapel, and a mysterious garden
- Typical of Romantic architecture, the palace follows a mix of building styles: Gothic, Manueline and Renaissance. Gothic pinnacles, gargoyles and capitals decorate the façade
- A mystical garden surrounds the palace. It features an extensive system of mysterious caves and tunnels
- The tree covered park also features many beautiful lakes, grottoes, wells, benches, and fountains
- Top highlights are the rock embedded Aquarium and the supernatural spiral tunnel staircase

# THINGS TO DO THERE

- Start you visit in the palace
- Head to the magical gardens and discover its hidden treasures: beautiful lakes, grottoes, wells, benches, and fountains
- If you are ready for some adventure explore the various underground walkways
- Don't miss the beautiful views of Sintra and the Castelo dos Mouros from the top of the Regaleira Tower

# **TIPS & INSIGHTS**

- Discount with Lisboa Card
- Remember to bring a small flashlight or install one on your phone if you really want to explore properly
- After your visit to the palace do not forget to try queijadas, the local specialty cheese

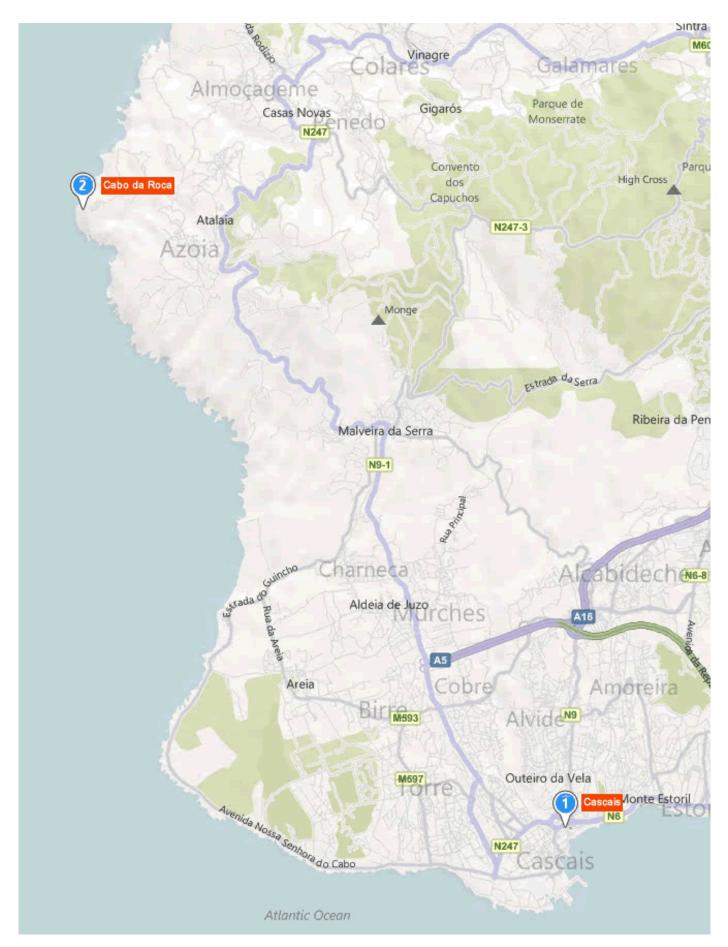


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	Take the Train from Cais do Sodre train station to Cascais station (Direction: Cascais) - 40'		
10:00-13:00	Cascais -	Cosmopolitan little beach town	Page 25
	Lunch time Take Bus nr 403 from Cascais train station to Cabo da Roca stop (Direction: Sintra)		
15:00-16:00	Cabo da Roca -	Europe's westernmost point	Page 25
	END OF DAY 5	11	



# 10:00-13:00

# **Cascais**



### THINGS YOU NEED TO KNOW

- Cascais is a popular resort on the shore of the Atlantic Ocean. The town lies some 30 km (19 mi) from Lisbon to the west
- It used to be a small fishing village. In the 20th century it became a popular summer destination for the European royals and nobility
- Today it is a colorful cosmopolitan town. It is well known for its elegant pedestrian streets, luxuriant villas, fashionable shops, restaurants and bars
- The town retains its fishing traditions. In the afternoon fishermen sell freshly caught fish at the main beach
- Photos, paintings and other authentic items in the Museum of the Sea (Museu do Mar) tell the story of the old town
- The fully furnished Castro Guimar es Museum lends peek into the life of 18th and 19th century aristocracy
- At Boca do Inferno (Mouth of Hell) powerful waves of the ocean created gigantic caves in the rock wall. The waves crash to the cliffs with awe-inspiring sounds

### THINGS TO DO THERE

- Start your visit in the town center discovering charming houses, picturesque corners dotted with small cozy restaurants, cafés and shops
- Walk around the pathways that surround the bay
- Do not miss the fortress, the Museum of the Sea and the fascinating Museum of Conde Castro Guimaraes, with its small private beach
- Relax beneath the shade in the small park next to the museum
- Take a 20-minute walk along the coastal road leading to an outstanding sight: Boca do Inferno

# **TIPS & INSIGHTS**

- You can relax on one of the various beaches of Cascais or Estoril
- You will enjoy the visit even in the winter by taking a walk on the sea shore

# MORE Info and Photos >

# 15:00-16:00

# Cabo da Roca



# THINGS YOU NEED TO KNOW

- Cabo da Roca is a cliff in Sintra-Cascais Natural Park rising 140m (460ft) above the Atlantic Ocean
- The place is touted as Europe's most western point. The visitor center issues certificates to visitors proving that they have been to the most westerly point of Europe
- The 22 m high lighthouse that dominates the cape was built in 1772. It stands on the highest point of Cabo da Roca
- Cabo da Roca was used to be called the Rock of Lisbon
- Another hightlight is a landmark cross. The inscribed quote by 16th century Portuguese poet Luis de Camoes calls Cabo da Roca the place "where the land ends and the sea begins"

# THINGS TO DO THERE

- Discover the surroundings, have a coffee and take pictures
- Enjoy the great views and nice sound of the waves hitting the high cliffs

# **TIPS & INSIGHTS**

Print the <u>bus nr 403 timetable</u> prior to your visit



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